

# IT'S EASY BEING GREEN

## 1

### CONSERVE ENERGY

Reduce energy by switching off lights and closing windows if the heating is on. The **Energy Saving Trust** provides information on what you can do at home.

## 2

### GIVE THE CAR A REST

Leave the car behind, if only for a day. Walk, cycle or use public transport. Our team will be more than happy to provide you with advice about transportation in London.

## 3

### SHOP LOCAL

Use local products, they give you a flavour of the area and help support local communities, as well as reducing transportation costs. We are fortunate to have some fantastic producers of food and drinks in our neighbourhood! Ask us about local markets or local and regional products.

## 4

### REDUCE, REUSE, RECYCLE

Try to avoid overly packaged goods and say no to that extra carrier bag. Try to recycle any waste you have. You can also support us in our efforts to recycle.

## 5

### BE WATER WISE !

Please use water wisely. Turn off the tap when brushing your teeth and adhere to the towel and bed linen policy.

## 6

### RESPECT NATURE

Help us to look after the environment by not littering and using eco-friendly transportation.

## 7

### SUPPORT GREEN TOURISM BUSINESSES

There are thousands of businesses in the British Isles working to reduce their carbon footprint through the **Green Tourism Business Scheme**. Businesses are awarded Bronze, Silver and Gold for their efforts to be more sustainable. K West has been awarded Gold and achieved the Gold Star Award in 2014.