



K FIT MEMBERSHIP OPTIONS

Monthly Membership

Annual Membership

Monthly Pass

K *s p a*
HOLISTIC SPA & FITNESS CLUB

MONTHLY MEMBERSHIP

(Direct Debit only)

- No joining fee
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- Welcome Voucher (30% off any Facial or Massage)
- Birthday voucher (50% off any Facial or Massage)
- 2 x complimentary guest passes per year
- 20% off food in Studio Bar & Kitchen

K Fit Only – £65

K Fit & Chill – £110

Chill Only – £85 (no classes)

ANNUAL MEMBERSHIP

- No joining fee & one month free
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- Welcome Voucher (30% off any Facial or Massage)
- Birthday voucher (50% off any Facial or Massage)
- 5 x complimentary guest passes per year
- 20% off food in Studio Bar & Kitchen

K Fit Only – £715

Chill Only – £935

K Fit & Chill – £1210

MONTHLY PASS

Can't commit to a full membership?
Treat yourself to a monthly pass.

	K Fit Trial	K Fit + Chill	K Spa
Entry to all classes	x	x	
Full access to K Fit	x	x	
Snow Paradise		x	x
Sauna, Saunarium, and Relax Area		x	x
1 x Guest Pass	x	x	x

K Fit Only – £75

K Spa Only – £100

K Fit & Chill – £125

K FIT CLASSES

Please head to the spa reception to join us. All classes are subject to availability. (and free to join!)

Day	Time	Class	Instructor
Monday	19:30 – 20:30	Yoga	Galya
Tuesday	18:30 - 19:15	Spin	Trevor
Wednesday	19:00 - 20:00	Yoga	Galya
Thursday	18.00 – 19.00	Self - Defence	Vida
	19.00 - 20.00	Pilates	Judith
Saturday	09:15 - 10:00	Spin	Trevor

K FIT OPENING HOURS

Monday – Friday: 6.30am – 10.00pm
Saturday – Sunday: 8.00am – 9.00pm
Bank Holidays: 8.00am – 8.00pm

