



## K FIT MEMBERSHIP OPTIONS

Monthly Membership

Annual Membership

Monthly Pass

**K** *s p a*  
HOLISTIC SPA & FITNESS CLUB

# MONTHLY MEMBERSHIP

(Direct Debit only)

- No joining fee
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- Welcome Voucher ( 30% off any Facial or Massage)
- Birthday voucher (50% off any Facial or Massage)
- 2 x complimentary guest passes per year
- 20% off food in Studio Bar & Kitchen

**K Fit Only – £65**

**K Fit & Chill – £110**

**Chill Only – £85** (no classes)

# ANNUAL MEMBERSHIP

- No joining fee & one month free
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- Welcome Voucher ( 30% off any Facial or Massage)
- Birthday voucher (50% off any Facial or Massage)
- 5 x complimentary guest passes per year
- 20% off food in Studio Bar & Kitchen

**K Fit Only – £715**

**Chill Only – £935**

**K Fit & Chill – £1210**

# MONTHLY PASS

Can't commit to a full membership?  
Treat yourself to a monthly pass.

	<b>K Fit Trial</b>	<b>K Fit + Chill</b>	<b>K Spa</b>
Entry to all classes	x	x	
Full access to K Fit	x	x	
Snow Paradise		x	x
Sauna, Saunarium, and Relax Area		x	x
1 x Guest Pass	x	x	x

**K Fit Only – £75**

**K Spa Only – £100**

**K Fit & Chill – £125**

# K FIT CLASSES

Day	Time	Class	Instructor
Monday	19:00 - 20:00	Yoga	Claudine
Tuesday	18:30 - 19:15	Spin	Trevor
Wednesday	19:00 - 20:00	Yoga	Claudine
Thursday	19.00 - 20.00	Pilates	Judith
Saturday	09:15 - 10:00	Spin	Trevor

# K FIT OPENING HOURS

Monday – Friday: 6.30am – 10.00pm  
Saturday – Sunday: 8.00am – 9.00pm  
Bank Holidays: 8.00am – 8.00pm

