

K SPA ALTERNATIVE THERAPIES

INTUITIVE HEALING



K Spa has partnered with leading Intuitive Mentor & Healer Samantha Richardson to provide a range of transformational therapies to help improve your mental, emotional and physical well-being.

WHAT IS AN INTUITIVE?

Someone who can sense subtle energies and emotions in others and has an ability to be a clear channel for intelligence that goes beyond direct evidence or reasoning.

WHAT IS A MENTOR?

A trusted guide focused on developing your potential and supporting your growth by actively listening and offering guidance and resources.

WHAT IS ENERGY HEALING?

Memories you hold in your mind, you also store in your body. Energy healing activates the body's subtle energy systems and removes energy blockages allowing your body's inherent healing ability to be activated.

Samantha has created 2 transformational sessions, all with long-lasting results. Both involve guided hypnosis, energy reading and intuitive guidance.

Samantha will use her intuitive skills at the beginning of all sessions. This will allow her to read your energy to determine any energy blockages, give insight on why you are feeling the way you do, and allow for the treatment to be tailored to your individual needs.

INTUITIVE MENTORING – FOR CLARITY & FOCUS 60/90 MINS

Designed for those who are lacking mental clarity; repeating negative behavioural patterns or feeling “stuck”. These sessions is an integration of talking/healing therapies and aims to offer new, healthier perspectives.

INTUITIVE HEALING – FOR BALANCE & HARMONY 60/90 MINS

Designed for those who are experiencing self-limiting thoughts and feelings, lacking energy and motivation or experiencing anxiety. These sessions are an integration of energy therapies and intuitive insight to enable clearing/re-balancing of your energy field (aura) and chakras (energy centres).

An Intuitive Session with Samantha starts at £120 for 60 mins. Bundles sessions are available.

Treatments take place in our award winning K Spa and can be booked using the details below

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