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HOLISTIC SPA & FITNESS CLUB

MONTHLY MEMBERSHIP

- No joining fee
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- 30% Aromatherapy Facial or Massage voucher
- 50% Aromatherapy Facial or Massage birthday voucher
- 2 x complimentary guest passes per year
- 2 x Sun Meadow complimentary vouchers
- 20% off food in Studio Bar & Kitchen

K Fit Only – £65 monthly

Chill Only – £85 monthly

K Fit & Chill – £110 monthly

ANNUAL MEMBERSHIP

- 2 x months free
- No joining fee
- Complimentary towels
- Fresh Fruit Daily
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- 30% Aromatherapy facial or massage voucher
- 50% Aromatherapy Facial or Massage birthday voucher
- 5 x complimentary guest passes per year
- 2 x Sun Meadow complimentary vouchers
- 20% off food in Studio Bar & Kitchen

K Fit Only – £650

Chill Only – £850

K Fit & Chill – £1100

DAY MEMBERSHIP

K FIT & CHILL

Benefit from full access to the gym or spa including hydrotherapy pool, Snow Paradise, sauna, Sanarium, steam room and relaxation areas.

£50 per day
£65 with lunch

K FIT CLASSES

Day	Time	Class	Instructor
Tuesday	08:00 - 09:00	Pilates	Nada
	18:30 - 19:30	Spin	Trevor
Wednesday	19:00 - 20:00	Yoga	Claudine
Saturday	09:15-10:15	Spin	Trevor
Sunday	11:00-12:00	Yoga	Dan

K FIT OPENING HOURS

Monday – Friday: 6.30am – 10.00pm
Saturday – Sunday: 8.00am – 9.00pm
Bank Holidays: 8.00am – 8.00pm

