



**K** *s p a*

HOLISTIC SPA & FITNESS CLUB

# MONTHLY MEMBERSHIP

- No joining fee
- No annual contract
- Complimentary towels
- Fresh Fruit Daily
- 1 x Complimentary gym induction
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- 30% Aromatherapy Facial or Massage voucher
- 50% Aromatherapy Facial or Massage birthday voucher
- 2 x complimentary guest passes per year
- 2 x Sun Meadow complimentary vouchers
- 20% off food in Studio Bar & Kitchen

**K Fit Only – £65 monthly**

**Chill Only – £85 monthly**

**K Fit & Chill – £110 monthly**

**K**spa

HOLISTIC SPA & FITNESS CLUB

# ANNUAL MEMBERSHIP

- 2 x months free
- No joining fee
- Complimentary towels
- Fresh Fruit Daily
- 1 x Complimentary gym induction
- Entry to all classes within the timetable
- 10% discount off Spa treatments and Spa products
- 30% Aromatherapy facial or massage voucher
- 50% Aromatherapy Facial or Massage birthday voucher
- 5 x complimentary guest passes per year
- 2 x Sun Meadow complimentary vouchers
- 20% off food in Studio Bar & Kitchen

**K Fit Only – £650**

**Chill Only – £850**

**K Fit & Chill – £1100**

# DAY MEMBERSHIP

## K FIT & CHILL

Benefit from full access to the gym or spa including hydrotherapy pool, Snow Paradise, sauna, Sanarium, steam room and relaxation areas.

**£50 per day**  
**£65 with lunch**

# OVERSEAS MEMBERSHIP

## 20 VISITS IN ONE YEAR

If you want to join or have any further enquiries, please contact the Spa: [fitness@k-west.co.uk](mailto:fitness@k-west.co.uk) or 020 8008 6612

**K Fit Only – £300**  
**K Fit and Chill – £500**

# K FIT CLASSES

Day	Time	Class	Instructor
Tuesday	08:00 - 09:00	Pilates	Nada
Wednesday	19:00 - 20:00	Yoga	Claudine
Sunday	11:00-12:00	Yoga	Dan

# K FIT OPENING HOURS

Monday – Friday: 6.30am – 10.00pm  
Saturday – Sunday: 8.00am – 9.00pm  
Bank Holidays: 8.00am – 8.00pm

