

# K FIT CLASS TIMETABLE

Day	Time	Class	Instructor	Location
<b>Tuesday</b>	18:30 - 19:15	Spin	Trevor	K Fit Studio
<b>Wednesday</b>	18:30 - 19:30	Yoga	Galya	K Fit Studio
<b>Saturday</b>	9:15 - 10:00	Spin	Trevor	K Fit Studio