

K FIT CLASS TIMETABLE

DAY	Time	Class	Instructor
Monday	19:00 - 20:00	Zoom Fit	Vida
Tuesday	18:30 - 19:15	Spin	Trevor
Thursday	19:00 - 20:00	Zoom Fit	Vida
Saturday	9:15 - 10:00	Spin	Trevor

Our instructors:

- Spinning – Trevor
- Zoom Fit – Vida ~ Zoom ID: 3620421086